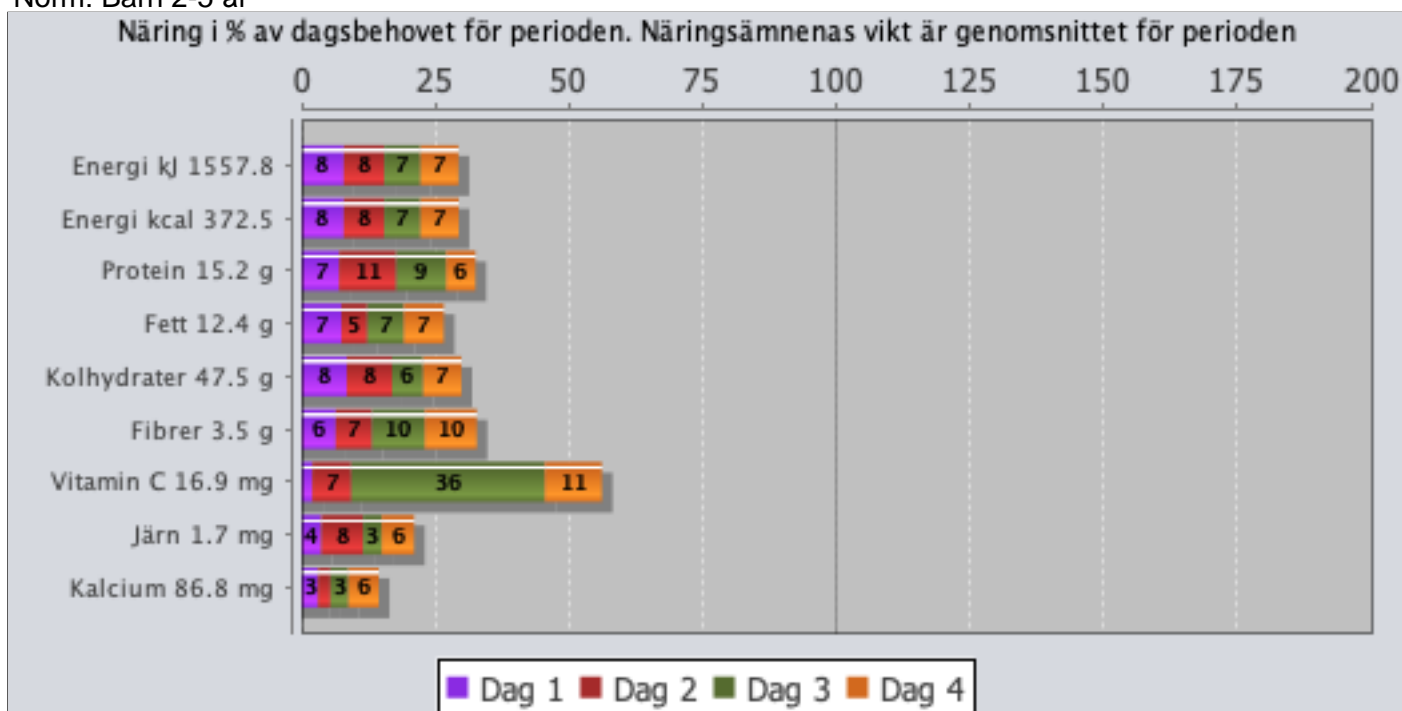
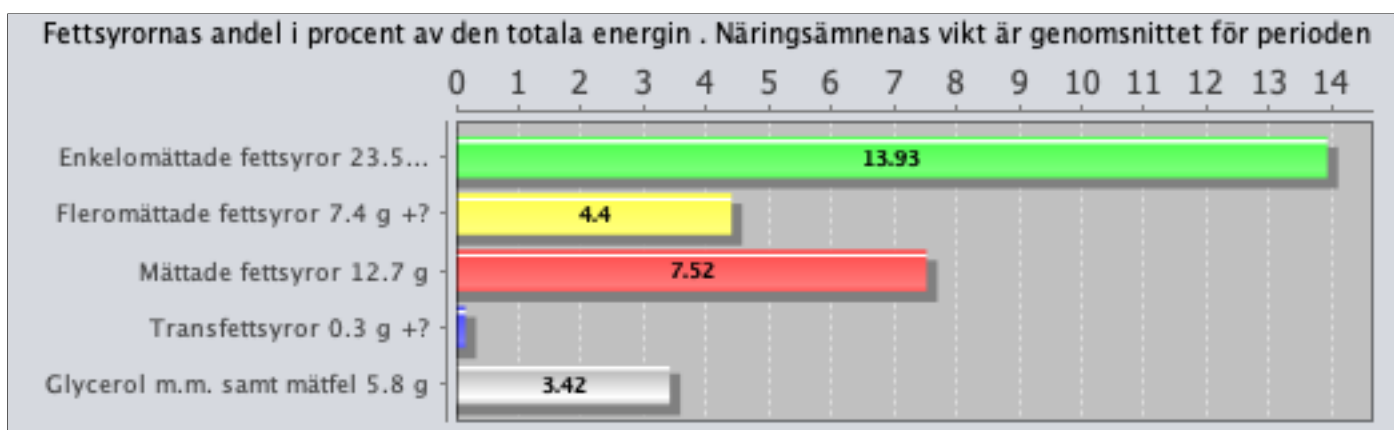
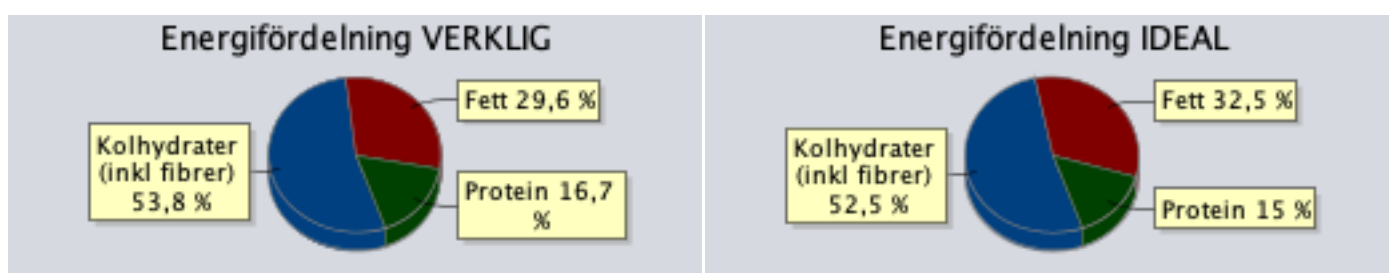


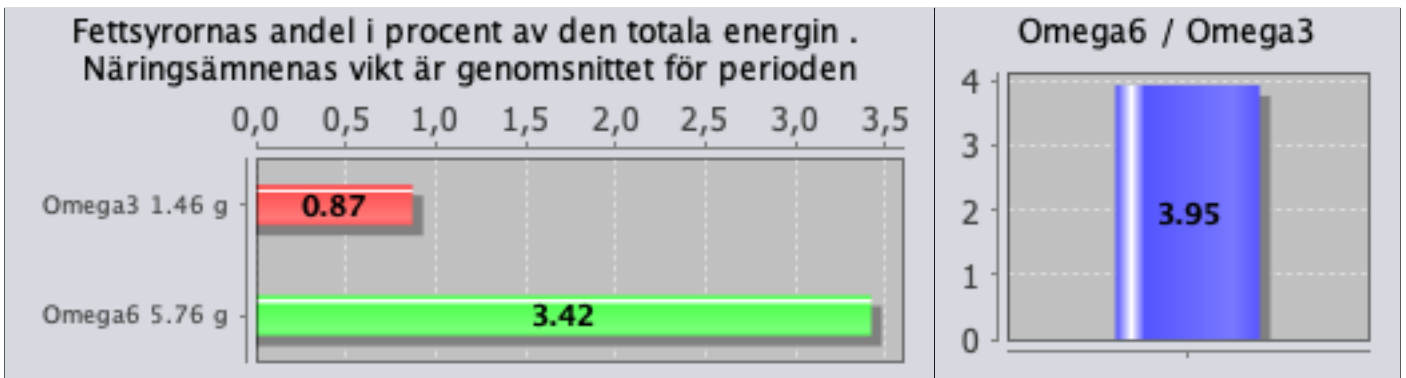
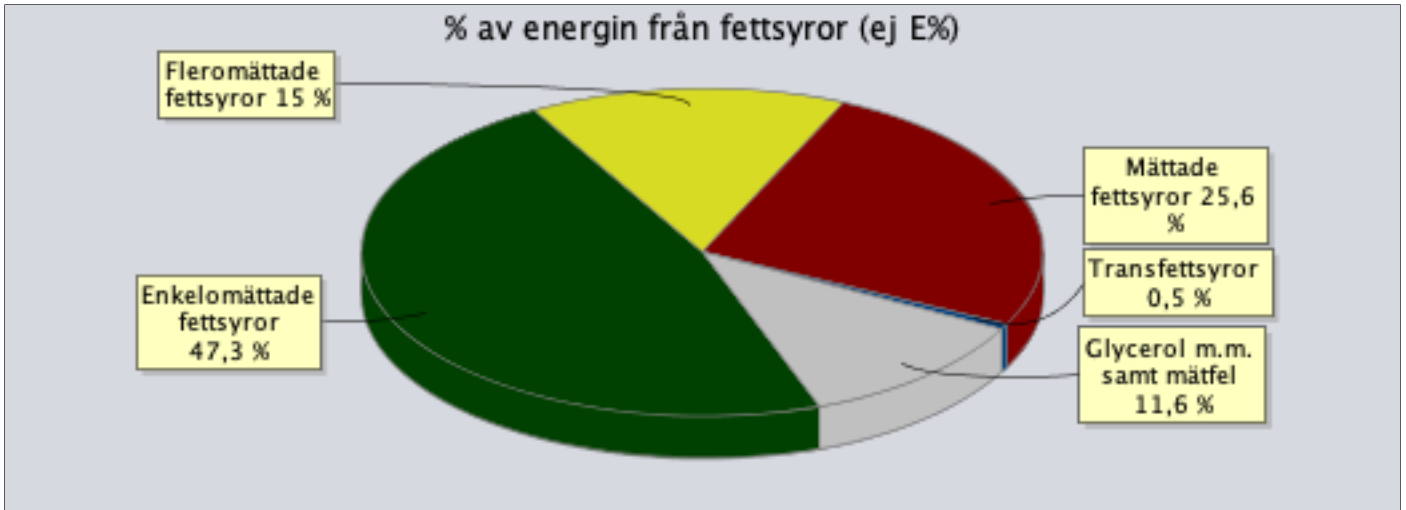
Periodsammanställning

Norm: Barn 2-5 år



| | Medelvärde | % av rekommendation | Rekommendation |
|-----------------|------------|---------------------|----------------|
| Energi kJ | 1557,8 | 29,4 | 5300 |
| Energi kcal | 372,5 | 29,4 | 1267 |
| Protein (g) | 15,2 | 32,6 | 46,8 |
| Fett (g) | 12,4 | 26,6 | 46,5 |
| Kolhydrater (g) | 47,5 | 29,9 | 158,7 |
| Fibrer (g) | 3,5 | 32,8 | 10,6 |
| Vitamin C (mg) | 16,9 | 56,2 | 30 |
| Järn (mg) | 1,7 | 21,1 | 8 |
| Kalcium (mg) | 86,8 | 14,5 | 600 |





Ratio

| Omfattning | Energi kcal | Kcal % | Fett | Kolhydrater | Protein | Ratio |
|------------|-------------|--------|------|-------------|---------|---------|
| Dagar | 372,5 | 29,4 | 12,4 | 47,5 | 15,2 | 0,2 : 1 |