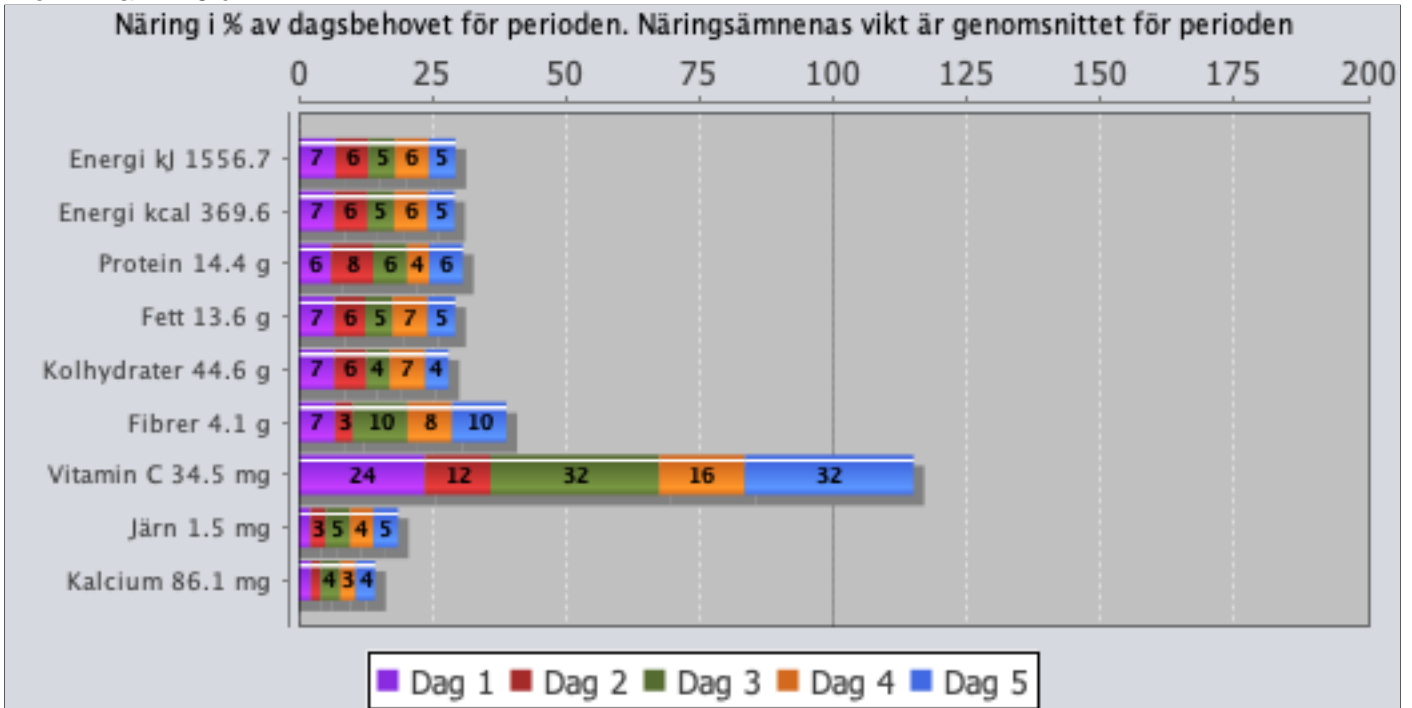
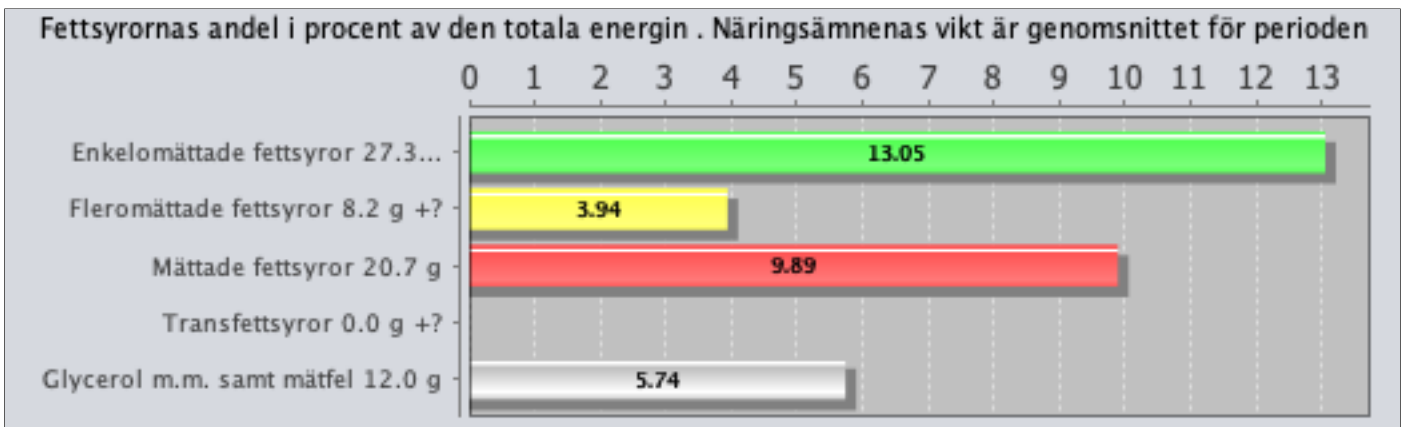
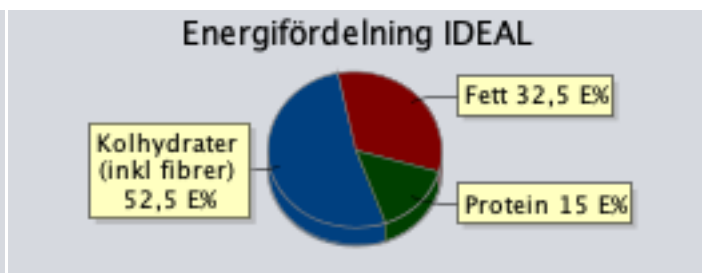
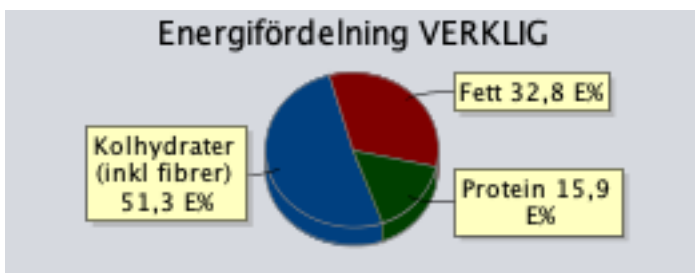


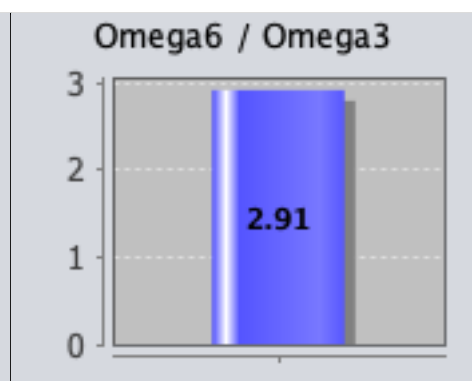
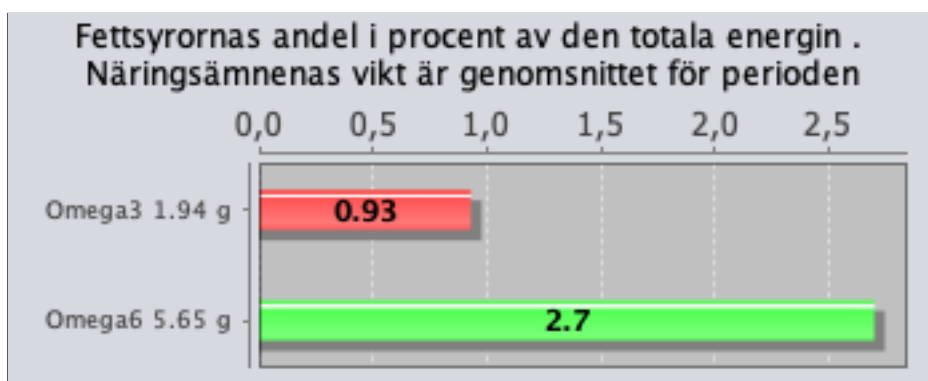
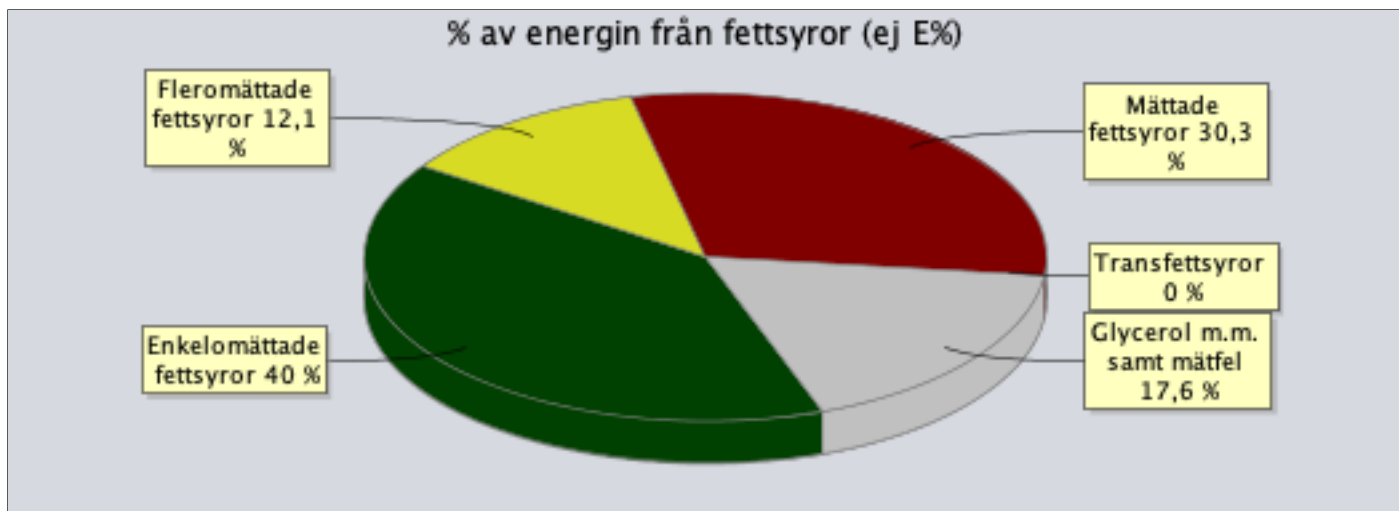
Periodsammanställning

Norm: Barn 2-5 år



	Medelvärde	% av rekommendation	Rekommendation
Energi kJ	1556,7	29,4	5300
Energi kcal	369,6	29,2	1267
Protein (g)	14,4	30,8	46,8
Fett (g)	13,6	29,3	46,5
Kolhydrater (g)	44,6	28,1	158,7
Fibrer (g)	4,1	38,9	10,6
Vitamin C (mg)	34,5	115	30
Järn (mg)	1,5	18,6	8
Kalcium (mg)	86,1	14,3	600





Ratio

Omfattning	Energi kcal	Kcal %	Fett	Kolhydrater	Protein	Ratio
Dagar	369,6	29,2	13,6	44,6	14,4	0,2 : 1