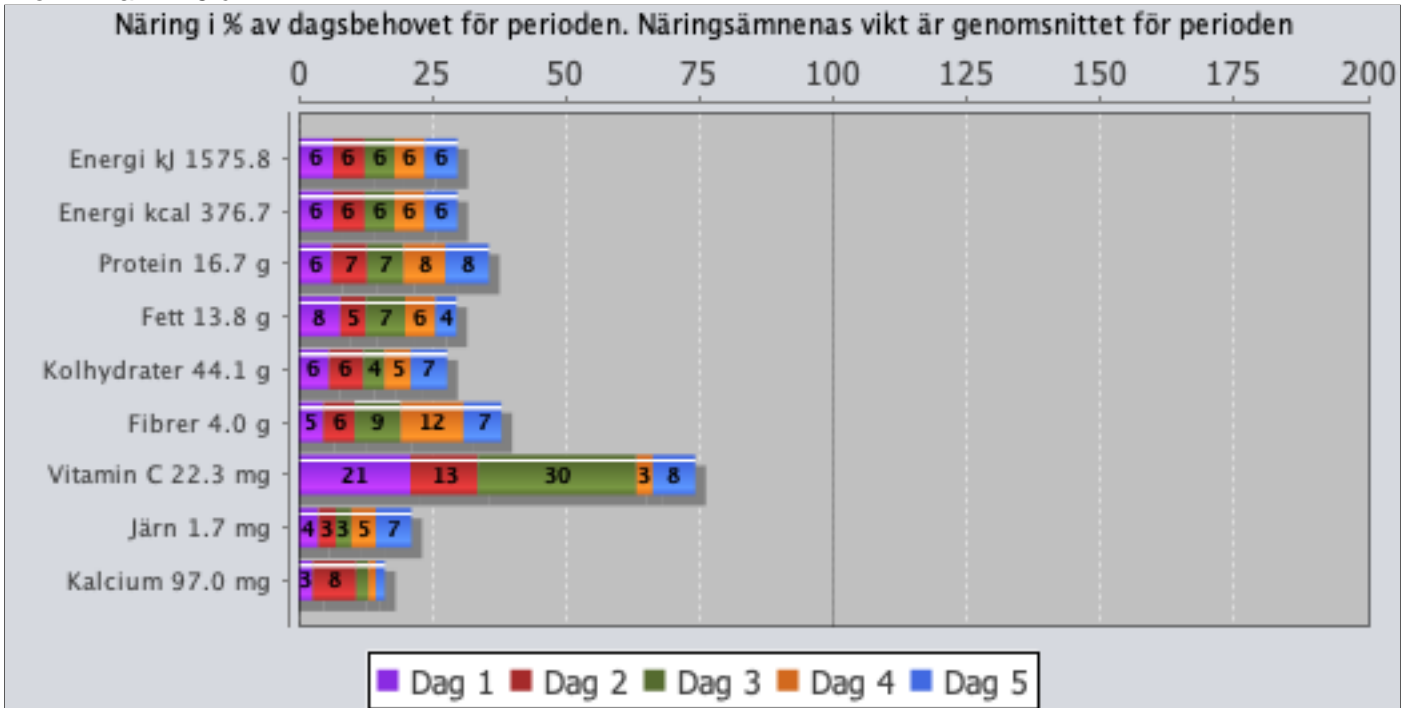
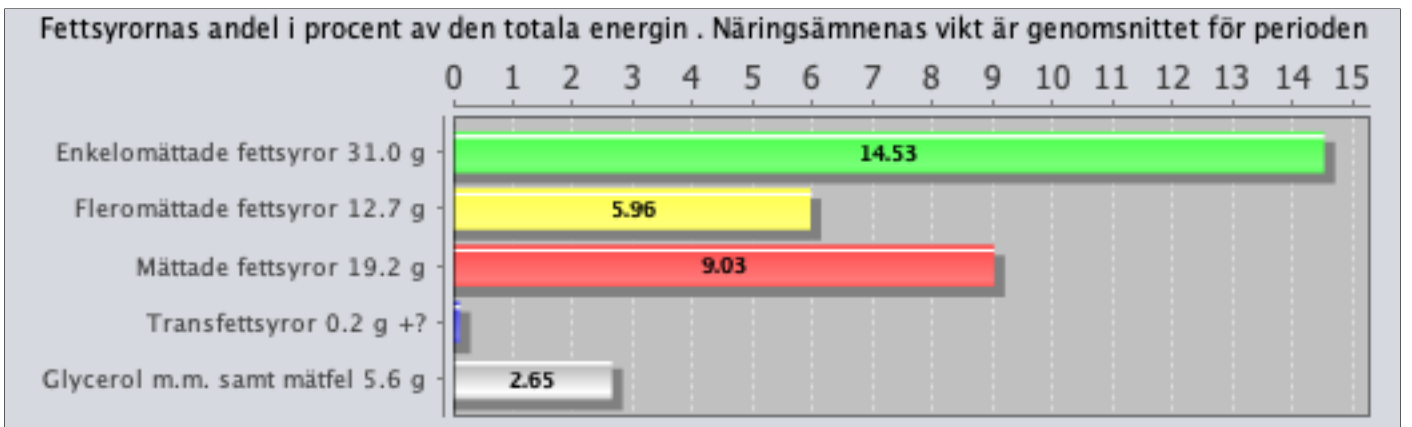
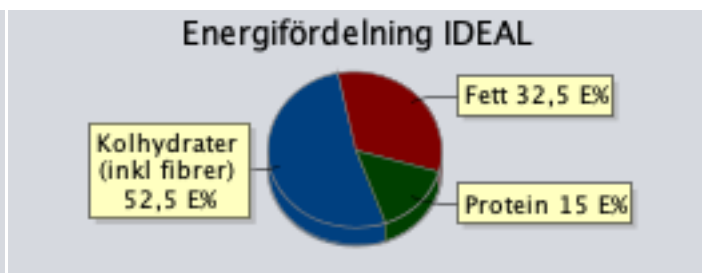
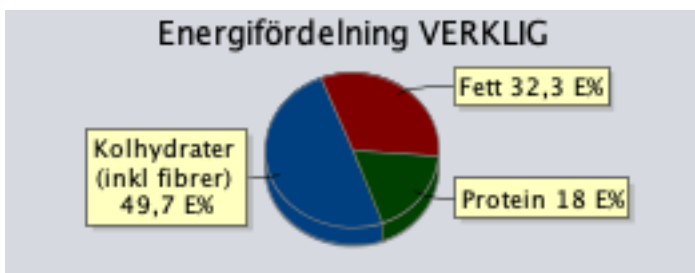


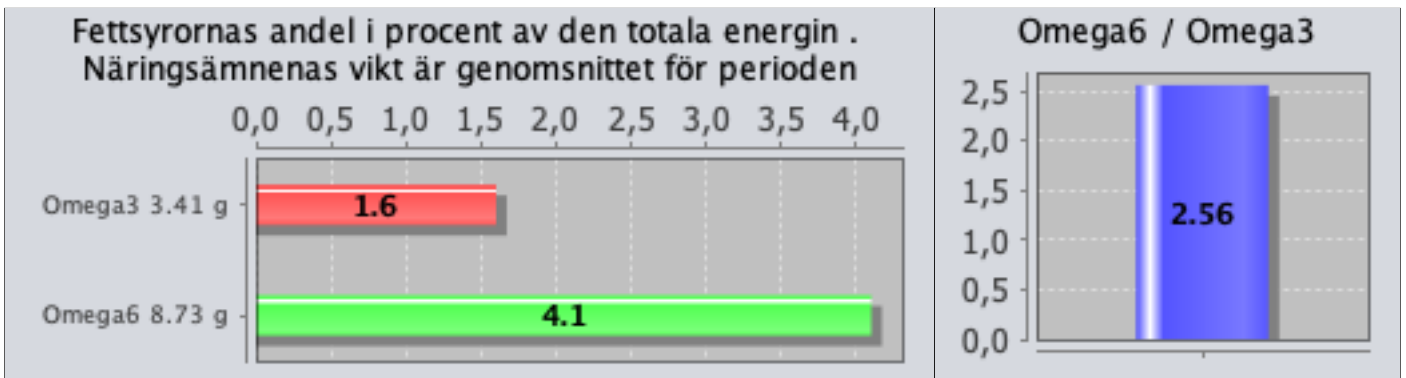
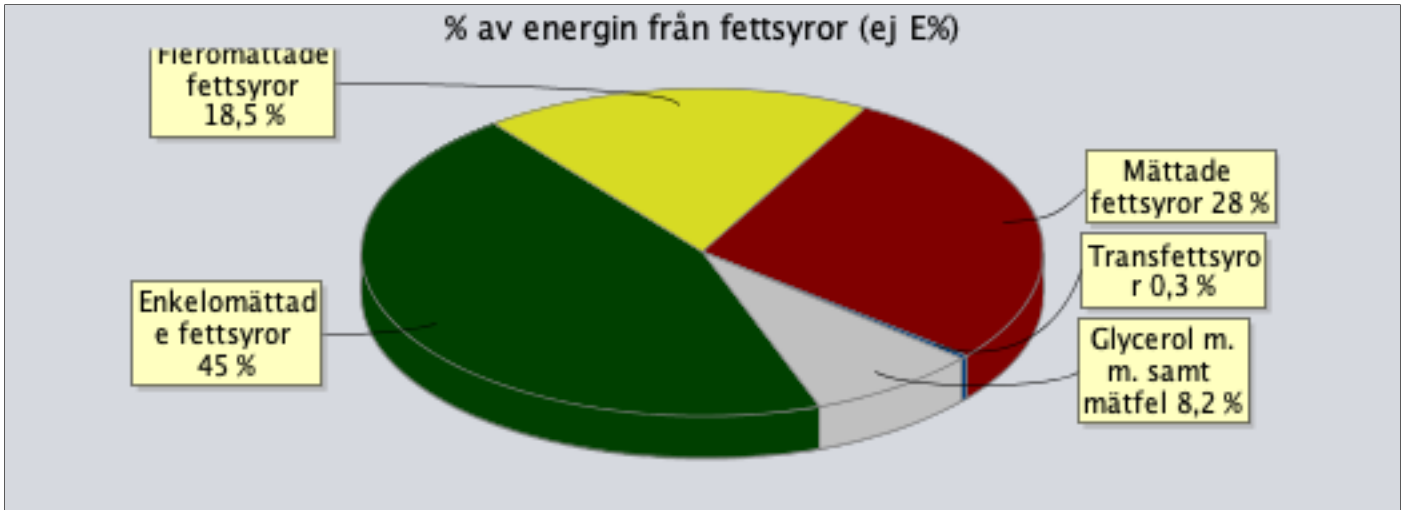
# Periodsammanställning

Norm: Barn 2-5 år



	Medelvärde	% av rekommendation	Rekommendation
Energi kJ	1575,8	29,7	5300
Energi kcal	376,7	29,7	1267
Protein (g)	16,7	35,6	46,8
Fett (g)	13,8	29,6	46,5
Kolhydrater (g)	44,1	27,8	158,7
Fibrer (g)	4	38	10,6
Vitamin C (mg)	22,3	74,2	30
Järn (mg)	1,7	21,1	8
Kalcium (mg)	97	16,2	600





**Ratio**

Omfattning	Energi kcal	Kcal %	Fett	Kolhydrater	Protein	Ratio
Dagar	376,7	29,7	13,8	44,1	16,7	0,2 : 1