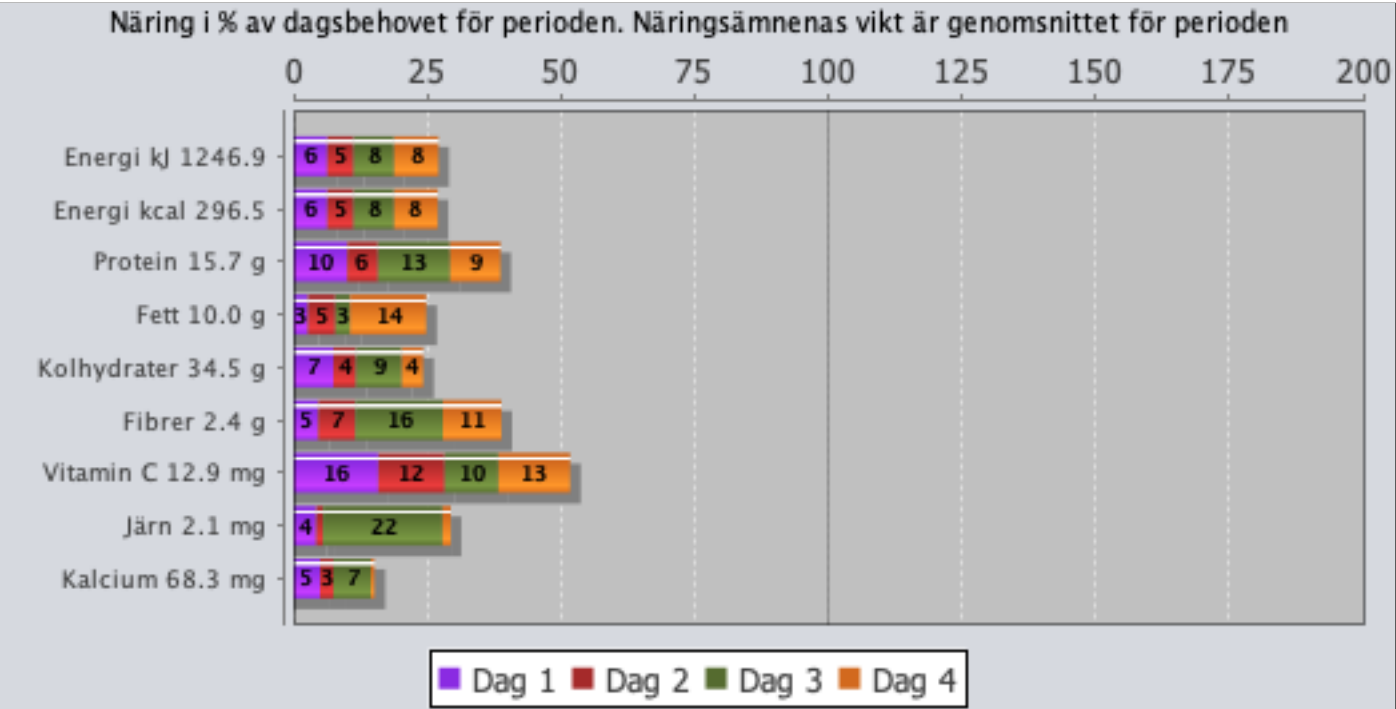
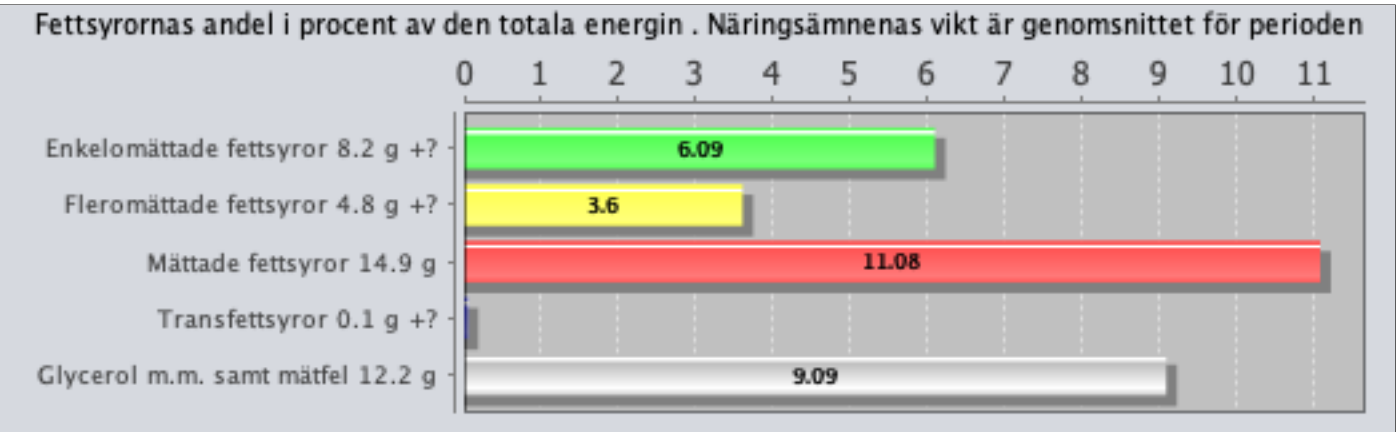
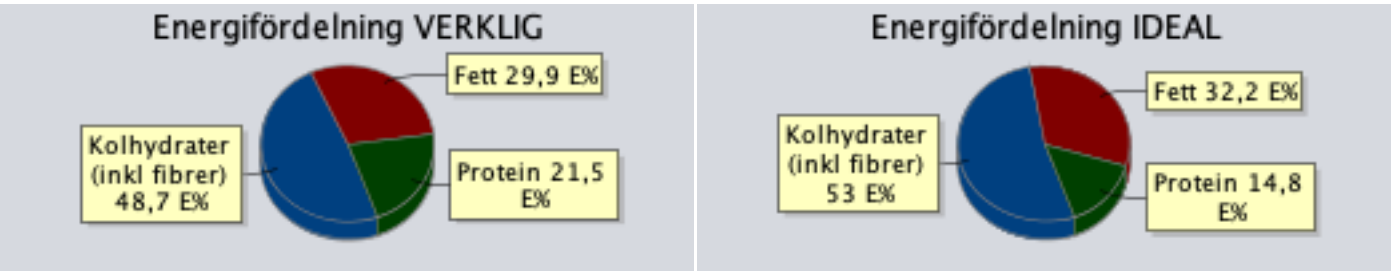


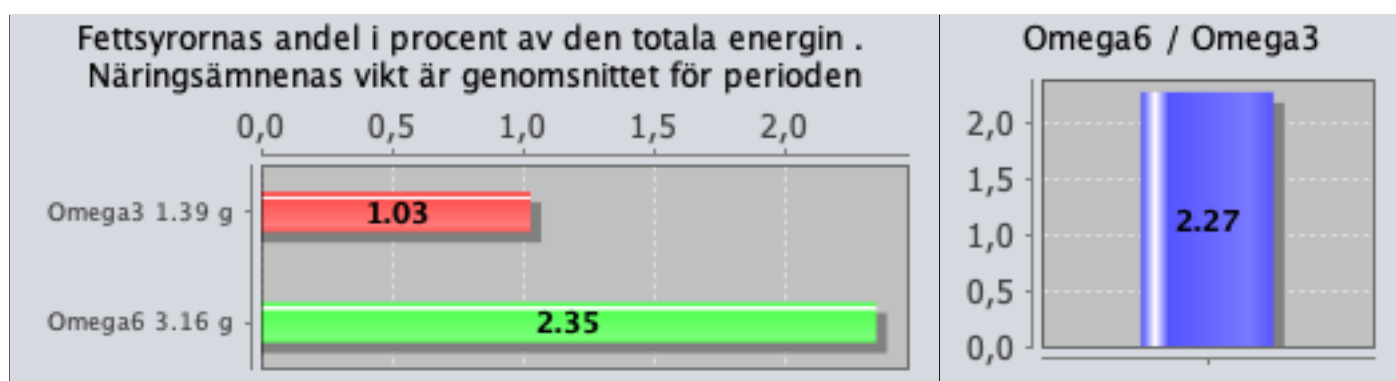
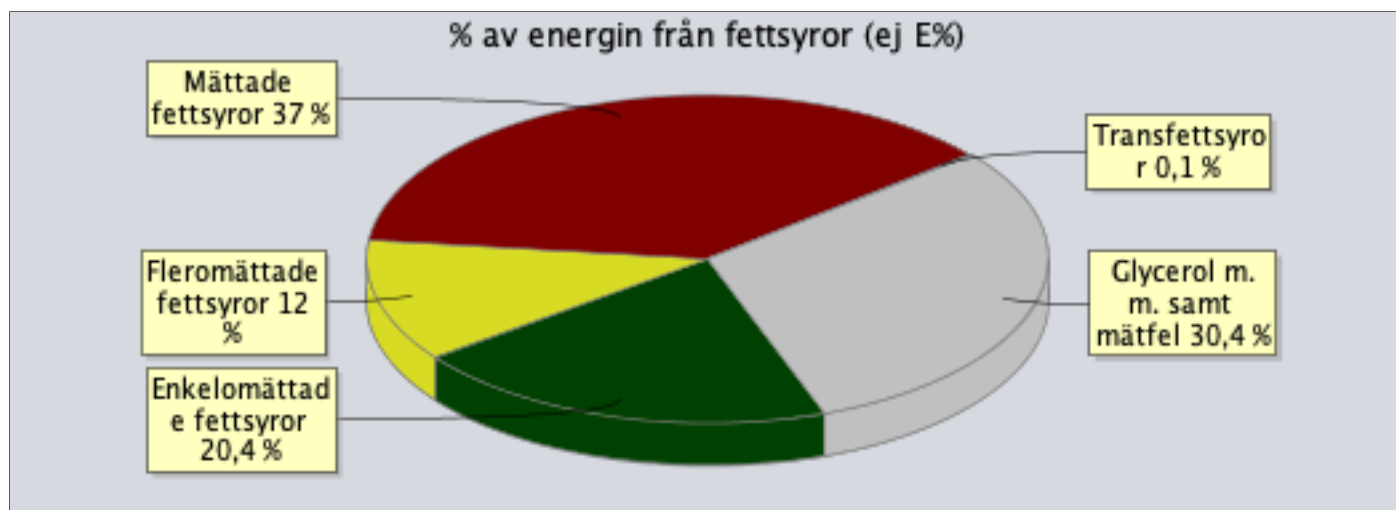
Periodsammanställning

Norm: Barn 1-3 år



	Medelvärde	% av rekommendation	Rekommendation
Energi kJ	1246,9	27,1	4600
Energi kcal	296,5	27	1099
Protein (g)	15,7	38,7	40,6
Fett (g)	10	24,8	40,4
Kolhydrater (g)	34,5	24,3	142,1
Fibrer (g)	2,4	38,9	6,2
Vitamin C (mg)	12,9	51,7	25
Järn (mg)	2,1	29,4	7
Kalcium (mg)	68,3	15,2	450





Ratio

Omfattning	Energi kcal	Kcal %	Fett	Kolhydrater	Protein	Ratio
Dagar	296,5	27,0	10,0	34,5	15,7	0,2 : 1