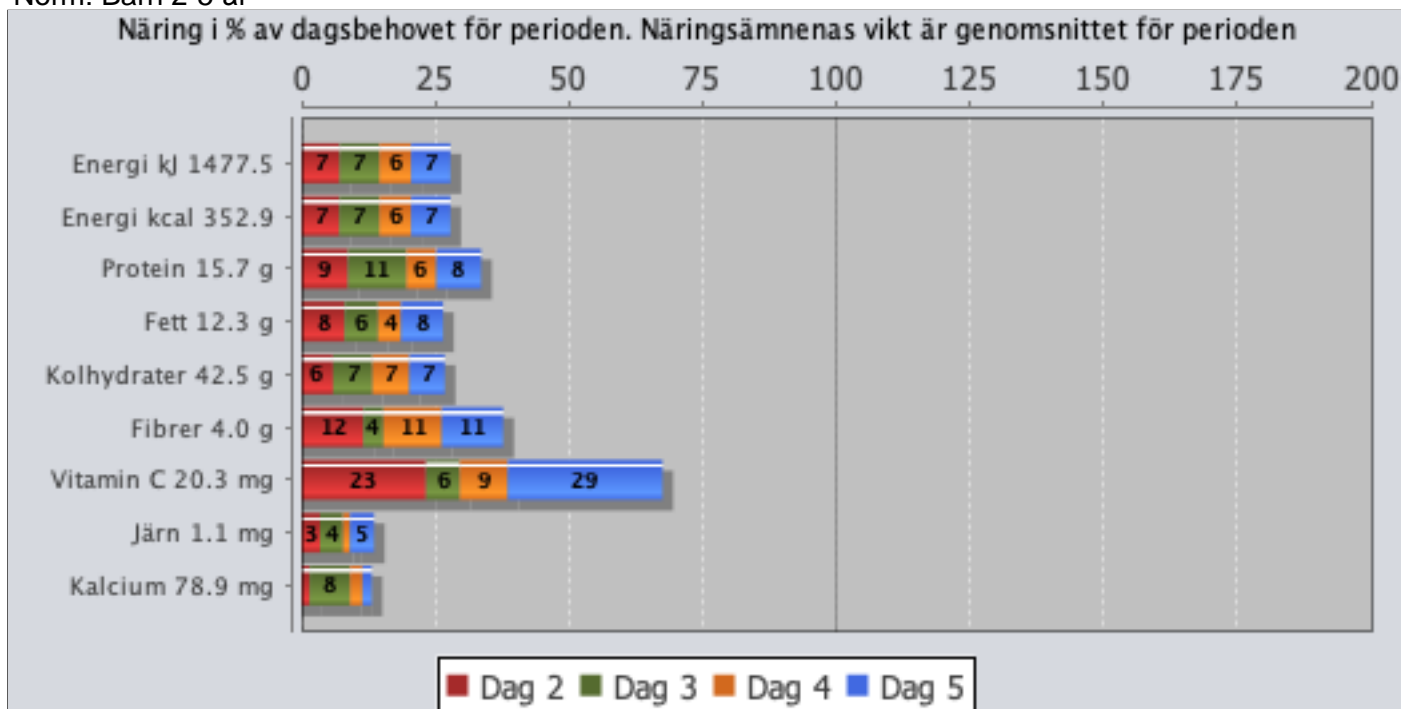
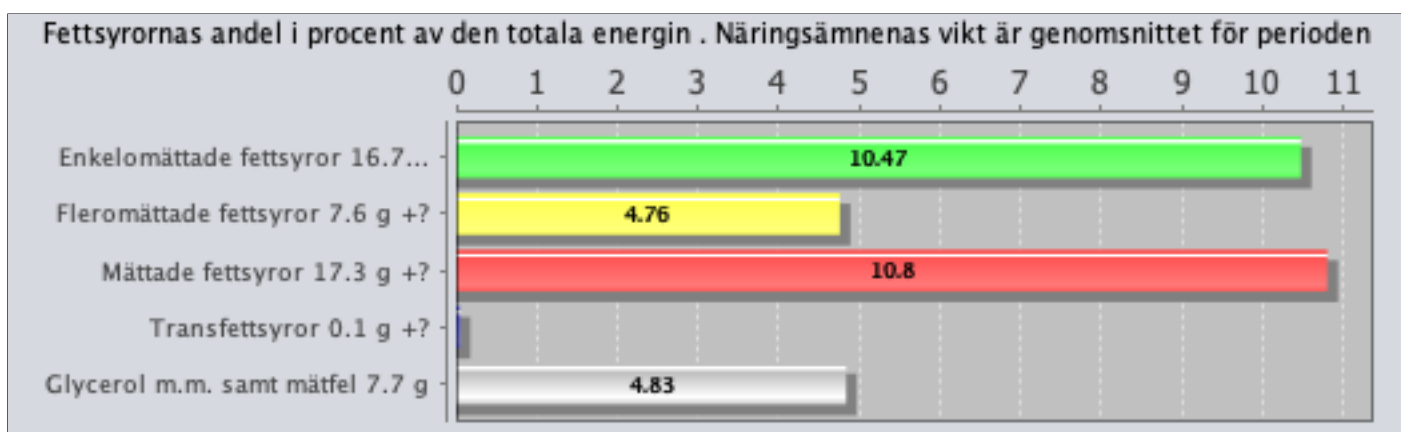
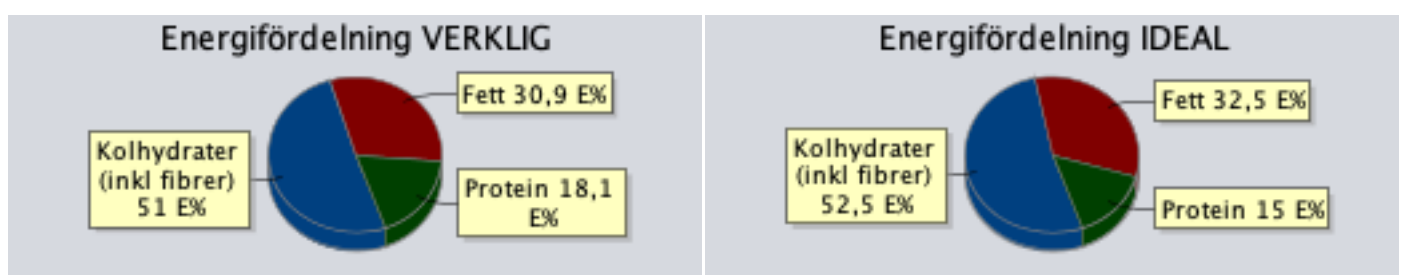


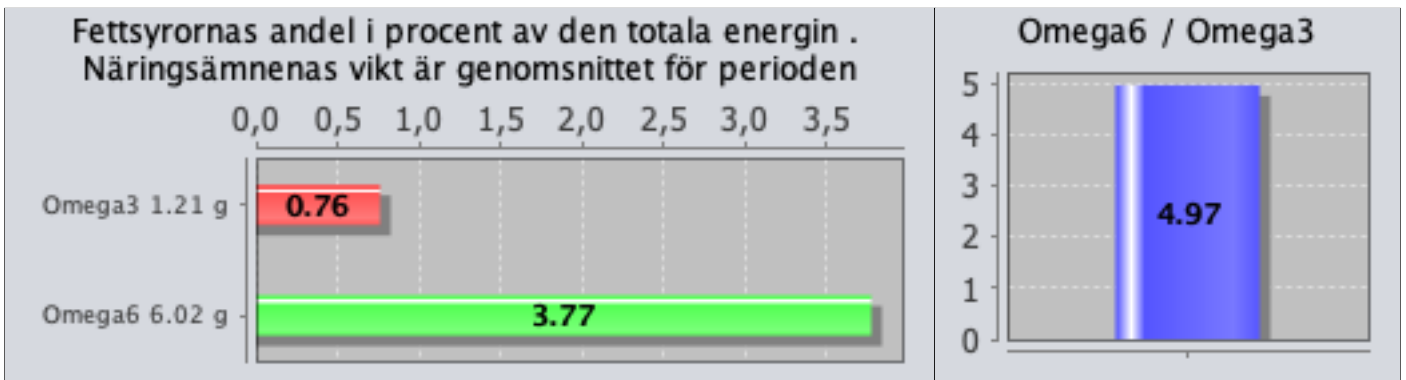
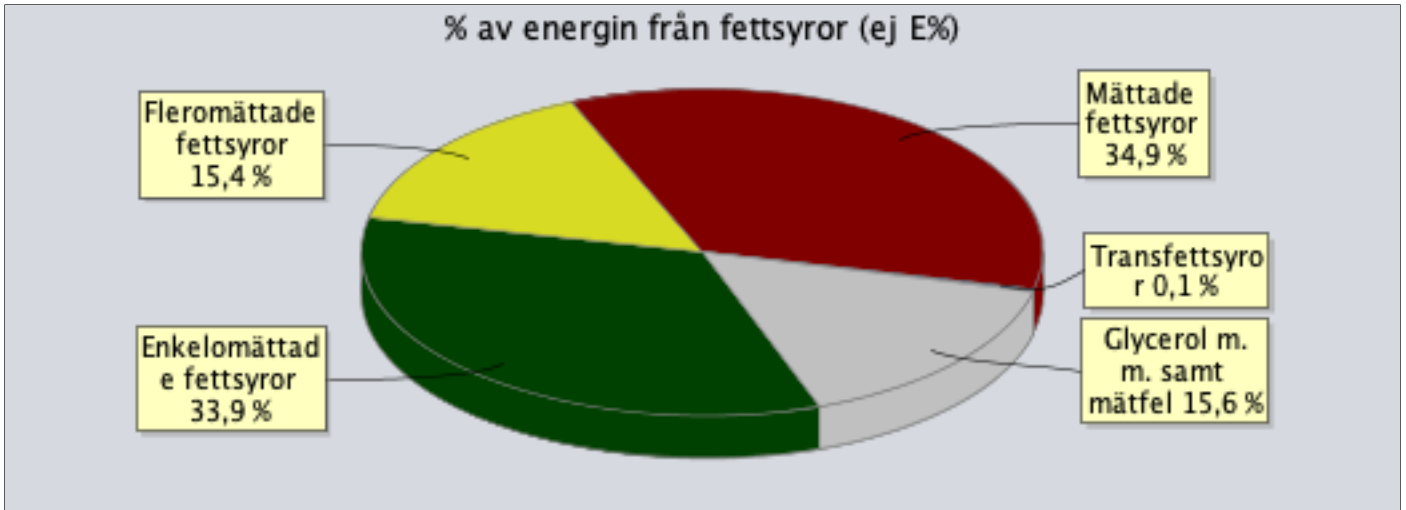
## Periodsammanställning

Norm: Barn 2-5 år



	Medelvärde	% av rekommendation	Rekommendation
Energi kJ	1477,5	27,9	5300
Energi kcal	352,9	27,9	1267
Protein (g)	15,7	33,6	46,8
Fett (g)	12,3	26,5	46,5
Kolhydrater (g)	42,5	26,8	158,7
Fiberer (g)	4	37,7	10,6
Vitamin C (mg)	20,3	67,5	30
Järn (mg)	1,1	13,6	8
Kalcium (mg)	78,9	13,1	600





**Ratio**

Omfattning	Energi kcal	Kcal %	Fett	Kolhydrater	Protein	Ratio
Dagar	352,9	27,9	12,3	42,5	15,7	0,2 : 1